Lesson 1

- 民族传统运动 – China culture information on traditional Chinese sports
- Kung Fu Martial Artists and Movies
  - 李小龙 (Bruce Lee): Fist of Fury (1972), Enter the Dragon (1973)
  - And for some humor, Shaolin Soccer (2001), and Kung Fu Hustle (2004)
- Check out daily sports news at CCTV or the Sports section of any one of the Chinese language news sources listed under Course Resources.

- 河南: 500 名美国少林俗家弟子归山朝拜少林寺 Part 1, 2, 3 (2006-07-06)
- 台湾刮起“姚旋风” (2007-09-10)
- A collection of videos clips on Chinese Wushu.

- Upper Intermediate - Shaolin Temple
- Intermediate - Tai Chi
- Intermediate - Chinese Celebrity – Bruce Lee

Lesson 2

- Popular Traditional Chinese Sports
  - 踢毽子 (Shuttlecock)
  - 放风筝 (Kite-flying)
  - 乒乓球 (Ping Pong or Table-tennis)
Lesson 3

- 中国茶 (Chinese Tea Culture)
- 中国菜 (Native Chinese Cuisine) and a list of typical Chinese dishes e.g. 麻婆豆腐 (Mapo doufu)
- American Chinese Cuisine and Fortune Cookie

- 乌铁茶道
- 四川茶道
- 嫩芽爆鸡丁 – recipe and step-by-step cooking guide for this chicken dish
- Starbucks moves out of the Forbidden City (2007-07-17)

Lesson 4

- 中国服装的变革 – a look at the transformation of Chinese clothing and fashion from 1950s to the 21st century.
- 中式婚礼时尚风 – includes a side-by-side comparison of traditional and modern-day Chinese wedding procedures, and a look at Chinese dishes served at a traditional Chinese banquet.
Lesson 5

- **Chinese Text Sampler** - "a collection of 85 graded and annotated Chinese texts for student reading practice. The selection represents a wide range of periods and genres, but all are well known in modern-day China and worth reading in their own right."
- **Chinese Voices Project** - "a collection of short, engaging mini-essays with accompanying audio for intermediate students of Chinese language and culture. All of the selections are written by savvy Beijing youngsters and are read in their own voices. Each piece offers fresh insights and perspectives on modern life in Beijing."
- **Chinese Character Test** – a free java applet you can use to determine how many Chinese characters you already know.

- 快乐中国 学汉语 – program, produced by CCTV, offers viewers an opportunity to learn Chinese language and culture while enjoying the beautiful scenic spots in different parts of China.
- 老外看中国——何晓风：在中国工作很开心 (2007-10-29)
- 美国掀起“汉语”热 幼童参加学习班 (2006-10-24)

Lesson 6

- Intermediate - **Studying Chinese**
- Intermediate – **Pop Music and Pop Culture**
• 舒乙：老舍的教育观 (2007-10-09)
• 老舍纪念馆 (Laoshe Memorial Hall)
• Laoshe's immortal play 茶馆 (Teahouse) put on by the Beijing People's Art Theatre wows American audience - China Daily 16 November 2005
• 当代作家及作品 - famous Chinese writers and their works

• 电影人纪念老舍《茶馆》诞生五十周年 (2007-08-06)

• Intermediate - Family Life

Lesson 7

• 猜一猜：灯谜 (Lantern Riddles)
• 春联佳句选 (Chinese couplets)
• Discussions and Viewpoints
  □ 老外读春节: 庙会商业化 唐人街春节更有中国味 (2007-02-17)
  □ 喜谈东西方传统节日 (2007-01-14)
  □ 话题：中国春节走向世界 如何看待春节全球化 (2005-02-20)

• 月儿明 赏花灯 各地欢庆元宵佳节 (2007-03-05)
• 月饼研习营

• Intermediate - Celebration Plans and New Year's Resolutions
• Advanced - 春节采访
• Advanced - 在中国过万圣节
Lesson 8

- 中秋節來源的傳說與各地中秋習俗 (Mid Autumn Festival)
- Wacky Festivals – Learn about some unique events and festivals from around the world.
- 傳統中秋節 創意新過法 (2007-09-15)
- 做粽子
- Advanced - 節日的商業化

Lesson 9

- 中国世界遗产 (China world heritage sites)
- 精选线路 – list of recommended routes and itineraries for tourists visiting China
- China tour packages featured on a tour company's website.
- 旅游日记 – diary entry of a backpacker

- 快乐中国学汉语 – program, produced by CCTV, offers viewers an opportunity to learn Chinese language and culture while enjoying the beautiful scenic spots in different parts of China.

- Intermediate - Describing Travels

Lesson 10
- **Great Wall** – learn about different sections of the Great Wall of China.
- **Carnival**
- “爱的行走”登长城众志成城抗艾滋 (2007-12-03) - a “Great AIDS Walk“ at the Great Wall to generate funds for the country’s fight against HIV/AIDS and raise public awareness of the disease.
- **France TGV 创造最高时速** (2007-04-03)

**Lesson 11**

- 什么是海啸，海啸前兆
- 2004年印度洋大地震
- 为什么动物可以预感天气的变化？
- **Giant Panda** (大熊猫) – Learn more about their physical characteristics, diet, distribution, population, and conservation status.

- **Satellite images of Tsunami Affected Areas** – High resolution satellite images showing the effects of the 2004 tsunami on the affected areas in Indonesia, Thailand and Nicobar island of India.
- **Origin of a Tsunami - animation showing how the shifting of continental plates in the Indian Ocean created the catastrophe of December 26th 2004.**
- Largest Giant Panda Eco-Park in the world at Chengdu - Video

**Lesson 12**

- Advanced – 自然灾害
- Upper Intermediate – Exotic Animals
- Can we live on Mars?
- China Blames Global Warming for Recent Weather Woes (2007-08-09)
- Australian climate changing, experts say (2008-01-06)
- Another Year of Freakish Weather Patterns (2008-01-08)

- 温室气体增加 多国遭遇恶劣气候 (2007-07-11)
- 青藏铁路通车一年来为西藏发展增添新的动力 (2007-07-02)
- 青藏铁路通过环环保验 (2007-06-09)

- Upper Intermediate – Global Warming
- Advanced - 环境保护

Lesson 13

- Tea and Minority Groups - includes the Three-Course tea ceremony of the Bai ethnic minority
- The Kazak ethnic minority (2000-11-15)

- Kam music sung in Mandarin featuring different ethnic minorities in China: Dong, Zhuang, Maonan, Buyi, Miao, Yao (2007-07-26)
- Kazak culture Baiyangou valley in Xinjiang, China

- Upper Intermediate - Social Networking (on the Web)

Lesson 14
- **Traditional Chinese Residences** (Travel China Guide) – information on the major styles of the traditional Chinese residences.
- **Pushing Hands** – a 1992 film directed by Ang Lee

- **Hutong Chronicles: Zhang Jingqi** (2006-08-27)
- **Big Buildings of Beijing** (2006-03-15) - showing the current state of four of Beijing’s new mega buildings.
- **Bringing it all back home** (2007-04-24) - this episode looks at three Chinese 20 somethings who were born in Mainland China but went abroad at a young age. They have since returned and now live in Beijing

- Upper Intermediate – **Traditional Residences**
- Advanced – **孝道**
- Advanced – **人口老龄化**

**Lesson 15**

- **Chinese ancient system of writing** – Jiaguwen (Oracle Bone Script), Xiaozhuan (Small Seal Script), Kaishu (Standard Script) among others.
- **Evolution of Chinese characters** – illustrates how a number of Chinese characters have changed over time.
- **Cangjie** – the legendary figure in ancient China claimed to be the inventor of Chinese characters.

- Animation showing the evolution of Chinese characters: 羊 (goat), 马 (horse), 鸟 (bird), 鱼 (fish), 车 (car)

- Advanced – **简体字与繁体字**
Lesson 16

- **Auspicious Homonyms** (2008-02-20)
- **Numbers in Chinese superstition** (2007-02-23)
- **Lunar New Year Do's and Don'ts** – (2008-02-05)

Lesson 17

- **Confucius** – Chinese thinker and social philosopher, whose teachings and philosophy have deeply influenced Chinese, Korean, Japanese and Vietnamese thought and life.
- **Analects of Confucius** or Lun Yu – record of the words and acts of Confucius. A [collection of quotations](#) from the Analects and translations.
- **Sun Yat Sen** – Chinese revolutionary and political leader

- 登五岳之尊 游孔子故里 - climb 6666 steps up Tai Shan and visit the temple of Confucius located inside the south gate of Qufu, Shandong.
- Dr. Sun Yat-sen's Mausoleum – [Photo Gallery](#)

Advanced – 孔子标准像

来源链接：中国孔子基金会：发布孔子标准像不是商业行为(图) | 媒体 MP3 文件
Lesson 18

- **Emperor Qin Shi Huang**
- Two great rivers: the **Yellow River** in the north and the **Yangtze River** to the south.
- **The Three Character Classic** or San Zi Jing
- **Five Great Mountains** or Wuyue
- **Seven Ancient Capitals of China**
- **Silk Road** – trade route between China, India and Europe in ancient times, when Silk was a major trade commodity.

- 穿越时空的神秘“兵团”带你进入古代中国 – see the man who discovered the terra cotta army by accident
- **Terra Cotta warriors of Emperor Qin Shi Huang inspire awe** in British Museum (2007-12-29) Also in Mandarin: **《秦始皇：中国兵马俑》展览火爆英伦**
- **Jiangnan Silk Road** – fourth trade route known to exist in ancient China, and now it too is being advanced by authorities for standing on UNESCO world heritage list. (2007-11-28)
- Picture gallery of the **Silk Road**

Lesson 19

- **Romance of the Three Kingdoms** – acclaimed as one of the Four Great Classical Novels of Chinese literature.
- **Shi Jing**, translated variously as the Book of Songs, Classic of Poetry or the Book of Odes.
• Three Kingdoms: Borrowing Arrows - Video Part 1, 2, 3

• Advanced – 三国演义
• Advanced – 红楼梦的吸引力

Lesson 20

• 追忆大师库淑兰 - (2006-08-13) A must-read; includes pictures of Ku at work and the hardships of her life.
• Ku Shulan: A Genius of Traditional Folk Art of Paper-cutting – (2005)
• Butterfly Lovers' Violin Concerto – one of the most famous works of Chinese music outside of China.

• Paper cutting tradition in China; a document of a project financed by UNESCO – Video
• Butterfly Lover's Violin Concerto by Centre Symphony Orchestra (Violinist Lu Siqing) Part 1, 2, 3, 4, 5

• Advanced – 梁祝故事

来源链接: 千古爱情传奇—梁祝故事 | 媒体 MP3 文件